**Research Plan and Progress Report for Research Tract Residents**

**Instructions to Residents**

This form should be completed and submitted to Dr. Frangou within the first year of your residency and should be used as the basis on your annual progress report. The form should provide an overview of your research focus, training and progress

**Instructions to Academic Supervisors**

Academic supervisors should review this form with the resident prior to its submission.

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| **Resident**  |
| **First, Last Name**  |  |

**Initial Research Plan**

**Date Completed: DD/MM/YYYY**

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| **Academic Supervisor**  |
| **First, Last Name**  |  |
| **Title** |  |

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| **Clinical and Research Focus** (max 10 words for each) |
| **Clinical Area:**  |
| **Research Topic:**  |

| **Overview of your residency research plan** (max 700 words) |
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| Residents are expected to have a focused and feasible research plan on a timely and important topic in psychiatry. The overview should be structured as follows:* Significance: State how your research plans aim to answer timely and important questions in the field; this section should focus on the “big picture” of your career development and not on individual studies
* Approach: Describe the design of your study/studies with specific emphasis (as appropriate) on sample size and composition; types of assessment undertaken; interventions proposed. If you will be participating in an ongoing study by your supervisor, please outline what aspects of their study will be used to support your specific career development. It is recognized that different studies you may be involved in may unfold at different timelines and it is important to highlight this for each study.

It is also recognized that plans may evolve as new opportunities might arise or in response to challenges but at this stage you should have a specific plan for at least the next 18 months. * Deliverables: State the expected deliverables of your research plans which specific emphasis on publications in peer-reviewed journals. Residents should aim for a minimum of 3 publications by the end of their residency.
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| **Research Training** |
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| Residents are expected to identify the research skills in which they require training and provide a plan to meet these needs. These could include courses, direct hands-on training. Residents are also expected to have discussed their training needs and have developed their training plans in consultation with their academic supervisor. A date of expected completion should be provided for each. Gaps in the availability of resources should be discussed with the program director and academic supervisor so that these can be addressed by the residency program. Further rows can be added to this table if needed. |
| **Training need identified** (max 10 words):**Training Plan** (max 100 words)**Anticipated date of completion** (MM/YYYY): |
| **Training need identified** (max 10 words):**Training Plan** (max 100 words)**Anticipated date of completion** (MM/YYYY): |
| **Training need identified** (max 10 words):**Training Plan** (max 100 words)**Anticipated date of completion** (MM/YYYY): |
| **Training need identified** (max 10 words):**Training Plan** (max 100 words)**Anticipated date of completion** (MM/YYYY): |

| **Academic Skills training** |
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| Residents are expected to undertake training to enhance skills important to their career development independent of their research plan. These could include courses, workshops or webinars or direct hands-on training in the ethical conduct of research, the importance of sex and gender in research design, scientific writing (both for scientific papers and grants) and scientific presentation skills. Residents are expected to have discussed their academic skills training with Dr. Frangou and their academic supervisor. A date of expected completion should be provided for each. Further rows can be added to this table if needed. |
| **Training need identified** (max 10 words):**Training Plan** (max 100 words)**Anticipated date of completion** (MM/YYYY): |
| **Training need identified** (max 10 words):**Training Plan** (max 100 words)**Anticipated date of completion** (MM/YYYY): |
| **Training need identified** (max 10 words):**Training Plan** (max 100 words)**Anticipated date of completion** (MM/YYYY): |
| **Training need identified** (max 10 words):**Training Plan** (max 100 words)**Anticipated date of completion** (MM/YYYY): |

**Progress Report 1**

**Date Completed: DD/MM/YYYY**

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| **Research Plan** |
| **Have there been any changes to your plan?** If none, state “no change”; if yes, please describe and justify (max 200 words) |
| **Progress towards deliverables**: Please describe your progress towards your deliverables; if the date of completion has changed, please provide new date and justification (max 200 words) |

| **Progress with Research Training** |
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| Please describe your progress towards each of the training plans specified in the initial form; if the date of completion has changed, please provide new date and justification; if additional needs have been identified please add them here following the format used in your initial form (max 100 words per training plan) |
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| **Progress with Academic Skills Training** |
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| Please describe your progress towards each of the plans for academic skills training specified in the initial form; if the date of completion has changed, please provide new date and justification; if additional needs have been identified please add them here following the format used in your initial form (max 100 words per training plan) |
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**Progress Report Y3**

**Date Completed: DD/MM/YYYY**

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| **Research Plan** |
| **Have there been any changes to your plan?** If none, state “no change”; if yes, please describe and justify (max 200 words) |
| **Progress towards deliverables**: Please describe your progress towards your deliverables; if the date of completion has changed, please provide new date and justification (max 200 words) |

| **Progress with Research Training** |
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| Please describe your progress towards each of the training plans specified in the previous forms; if the date of completion has changed, please provide new date and justification; if additional needs have been identified please add them here following the format used in your initial form (max 100 words per training plan  |
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| **Progress with Academic Skills Training** |
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| Please describe your progress towards each of the plans for academic skills training specified in the previous forms; if the date of completion has changed, please provide new date and justification; if additional needs have been identified please add them here following the format used in your initial form (max 100 words per training plan)  |
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**Progress Report Y4**

**Date Completed: DD/MM/YYYY**

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| **Research Plan** |
| **Have there been any changes to your plan?** If none, state “no change”; if yes, please describe and justify (max 200 words) |
| **Progress towards deliverables**: Please describe your progress towards your deliverables; if the date of completion has changed, please provide new date and justification (max 200 words) |

| **Progress with Research Training** |
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| Please describe your progress towards each of the training plans specified in the previous forms; if the date of completion has changed, please provide new date and justification; if additional needs have been identified please add them here following the format used in your initial form (max 100 words per training plan) |
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| **Progress with Academic Skills Training** |
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| Please describe your progress towards each of the plans for academic skills training specified in the previous forms; if the date of completion has changed, please provide new date and justification; if additional needs have been identified please add them here following the format used in your initial form (max 100 words per training plan) |
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**Progress Report Y5**

**Date Completed: DD/MM/YYYY**

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| **Research Plan** |
| **Have there been any changes to your plan?** If none, state “no change”; if yes, please describe and justify (max 200 words) |
| **Progress towards deliverables**: Please describe your progress towards your deliverables; if the date of completion has changed, please provide new date and justification (max 200 words) |

| **Progress with Research Training** |
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| Please describe your progress towards each of the training plans specified in the previous forms; if the date of completion has changed, please provide new date and justification (max 100 words per training plan) |
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| **Progress with Academic Skills Training** |
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| Please describe your progress towards each of the plans for academic skills training specified in the previous forms; if the date of completion has changed, please provide new date and justification (max 100 words per training plan) |
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