



**THE UNIVERSITY OF BRITISH COLUMBIA
DEPARTMENT OF PSYCHIATRY**

CaRMS 2024 Information Package

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QUESTIONS ABOUT INTERVIEW SCHEDULE?

CONTACT: Linda Chang
Manager, PGME

linda.chang@ubc.ca

Welcome Message from Dr. Khanbhai



Irfan Khanbhai
Program Director

irfan.khanbhai@ubc.ca

Dear CaRMS Applicant,

I am excited that you have chosen UBC Psychiatry for an interview. I look forward to meeting you during the interview period as some of the Associate Program Directors and I meet with all applicants individually. UBC Psychiatry offers a dynamic and comprehensive program that spans the province with all its breadth and diversity. Depending on what track(s) you have applied to, I encourage you to read the information outlined in the document on each as it will hopefully answer many of your questions.

I am originally from North Vancouver, received my BSc from McGill, completed medical school at UBC, and thereafter, began my training in Psychiatry at UBC. Given that I have trained here, I can say first-hand that we offer an incredible program with respect to both clinical experience and resident education. I have been involved in resident education since my residency training and feel privileged to be able to lead this program.

Please feel free to email me at irfan.khanbhai@ubc.ca with any general questions about the program.

Sincerely,

Irfan Khanbhai
Program Director
University of British Columbia
Postgraduate Education Psychiatry

Message from our CaRMS Committee

Dear CaRMS Applicant,

We would like to welcome you to the University of British Columbia Psychiatry Program! Our program offers a diverse array of exceptional training in all core competencies outlined by the Royal College of Physicians and Surgeons of Canada.

This program is comprehensive and designed to train residents to work with diverse patient populations and in diverse practice settings. We have access to many additional clinical, academic and research training opportunities throughout our program. Our psychotherapy and pharmacologic training is excellent, and research is actively encouraged. Each week, we have one day dedicated to academic seminars (Academic Day). UBC also has subspecialty and fellowship training programs available to residents that are interested in focusing their clinical practice.

For those residents with prior expertise and interest in research, a specially tailored Research track has been developed that maximizes available research time within the Royal College's training guidelines. As with all other tracks, one day per week remains dedicated to academic seminars (Academic Day). Many research opportunities also exist for all trainees outside of the Research Track, with a Royal College research and scholarly activity requirement being developed by the third year of residency and completed by the last year of training with mentoring provided throughout.

Our program follows a distributed model, with resident's home programs located in various hospitals throughout Vancouver, the Lower Mainland, Vancouver Island, Southern Interior (Kelowna/Kamloops), and Northern BC (Prince George). All sites offer excellent training and there are opportunities in the senior years for all residents to complete some portion of their training at any of these sites if desired. The standards and training requirements are uniform across all distributed sites.

Should you have any questions about the program or residency experience, please do not hesitate to contact us at ubc.psych.residents@gmail.com. We are happy to answer your questions by email, phone, or connect you with other residents in our program.

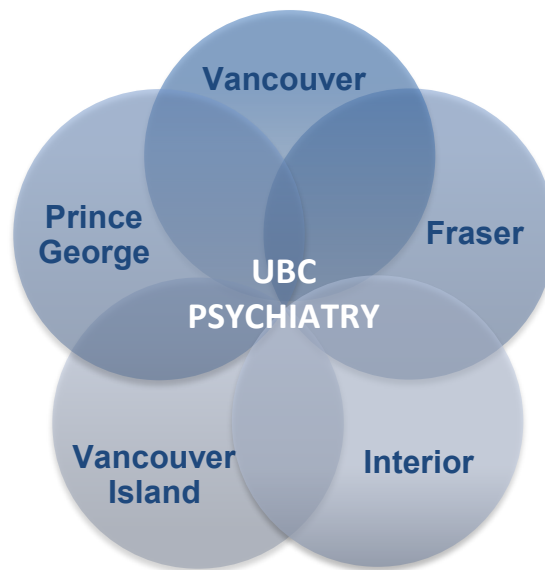
Sincerely,
CaRMS Welcome Committee

Program Overview

The Department of Psychiatry offers residency training through the following distributed programs:

- Vancouver (includes IMG residents and Research Track residents)
- Fraser
- Vancouver Island
- Prince George
- Interior

The standards, training requirements, and curricula are **unified** and equivalent across all distributed sites.



Our Residents and Tracks

Our residency group is made up of residents with diverse backgrounds, experiences and interests. There are **currently 135 residents** placed among the distributed programs.

Starting 2024 CaRMS match cycle, the Government of British Columbia has confirmed the addition of the Competitive stream to the first iteration of the R-1 match. This new stream consisting of 5 positions, is open to both CMG and IMG applicants who meet the eligibility criteria and comes with a 3 year Return of Service which can occur in any area of psychiatry and in any location in the province.

There are **29 resident positions** available in 2024:

- Vancouver Program: 12 positions (7 CMG, 2 IMG, 2 Research Track, 1 Competitive)
- Fraser Health Greater Vancouver Program: 9 positions (7 CMG, 2 Competitive)
- Vancouver Island Program: 3 positions (2 CMG, 1 Competitive)
- Prince George Program: 2 CMG positions
- Interior Program: 3 positions (2 CMG, 1 Competitive)

Similarities and differences between tracks:

- All tracks have the same core rotations and psychotherapy requirements.
- Tracks vary by the hospital and community sites at which core rotations are completed.
- Majority of the weekly academic days are virtual via Zoom. Residents also have the opportunity to attend an in-person academic day together once per month in Vancouver (travel and accommodation funding available).
- In PGY4 and 5, residents can (and many do) complete electives at various sites across the province or across the country and are not limited to their home track.



VANCOUVER TRACK

Thank you for your interest in the University of British Columbia's Psychiatry program, more specifically, the Vancouver track. This is a highly-regarded program situated in a beautiful city. The Vancouver track boasts a wide variety of training sites: from the large academic sites and community hospitals, to the various mental health teams; from the inner-city services, to the various regional sub-specialty clinics. Taken together, the breadth of patient presentations, the depth of teaching, and the clinical experience gained will create a well-rounded psychiatrist that meets and exceeds the Royal College requirements. Throughout your residency, you will learn alongside the residents of all UBC Psychiatry tracks – an opportunity for connectedness and collegiality.

Ultimately, this is your journey, and we would like to be a part of this. I know that our team of program directors, administrative staff, clinical preceptors, and fellow residents will work diligently to ensure that your journey is filled with opportunities for learning and growth within and beyond psychiatry.

Dr. Kenneth Heng
Associate Program Director, Vancouver Track

Sites

- BC Children's Hospital (BCCH)
- Lions Gate Hospital (LGH)
- Mount St. Joseph Hospital (MSJ)
- Richmond Hospital (RH)
- St. Paul's Hospital (SPH)
- UBC Hospital (UBCH)
- Vancouver General Hospital (VGH)

Program

- **PGY1:** TTD & BCY at St. Paul's Hospital (SPH) or Royal Columbian Hospital (RCH); elective rotations are flexible
- **PGY2:** General Psychiatry at VGH/UBCH, SPH or RH
- **PGY3:** Child Psychiatry at BCCH or BCCH/RH; Geriatric Psychiatry at VGH/SPH/MSJ/UBCH
- **PGY4:** Emergency, Addictions, CL, and Chronic Care Psychiatry at various sites in Vancouver
- **PGY5:** Elective and Selective opportunities

Program Highlights

- Numerous opportunities to gain experience working with diverse populations
- Excellent staff interested in supporting and mentoring residents
- Emphasis on resident teaching and learning
- Friendly and collegial resident group





FRASER TRACK

The UBC Fraser Health Greater Vancouver Psychiatry Residency Program (UBC-FHGV) is located in Greater Vancouver – a region which houses the fastest growing population in the province. Our program has a record of excellence in resident education and we are proud of our dedicated clinical faculty who are deeply committed to teaching. It is a very exciting time for a new resident to be part of Fraser Health – both of the main teaching sites are undergoing or have recently undergone extensive redevelopment with specific attention to mental health areas. There are numerous opportunities for electives both within Fraser Health, as well as throughout Vancouver and the rest of BC.

The diversity of population and variety of learning options allows for a well-rounded and rich educational experience. We look forward to meeting you and discussing the program further, good luck!

Dr. Faiza Hameer
Associate Program Director, Fraser Track

Sites

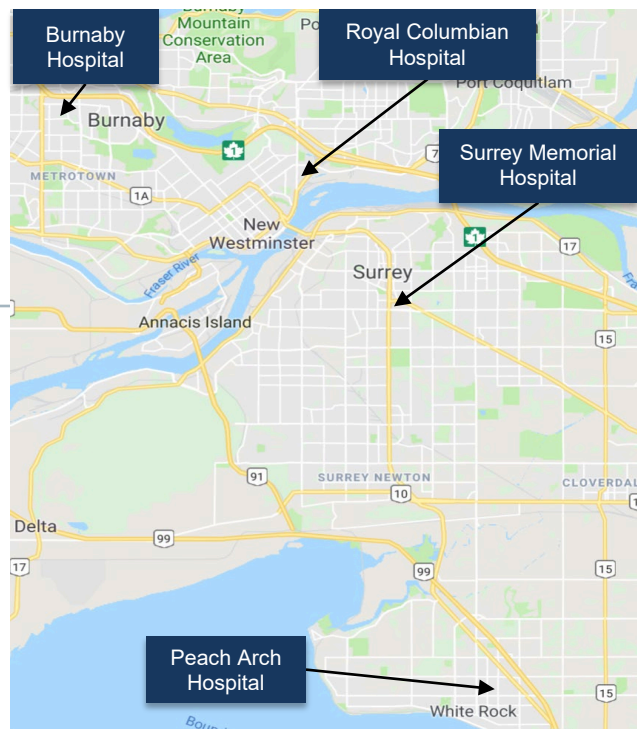
- Burnaby Hospital (BH)
- Peace Arch Hospital (PAH)
- Royal Columbian Hospital (RCH)
- Surrey Memorial Hospital (SMH)

Program

- PGY1: TTD & BCY at Royal Columbian Hospital (RCH); elective rotations are flexible
- PGY2: General Psychiatry at RCH or SMH
- PGY3: Child Psychiatry at SMH; Geriatric Psychiatry at RCH / SMH / BH
- PGY4: Emergency, Addictions, CL, and Chronic Care Psychiatry at various sites in Fraser Valley
- PGY5: Elective and Selective opportunities

Program Highlights

- Strong emphasis on teaching which takes a priority over service-based components
- Excellent staff support on call
- Strong collegial atmosphere, young staff, future employment opportunities
- Extra-curricular events and educational dinners where staff and residents socialize





VANCOUVER ISLAND TRACK

Situated in the most beautiful city in Canada, the Victoria Program is known for its strong academic focus, collegiality, opportunities for continuity of care, and work-life balance. We maintain our connections with UBC Psychiatry Residents from other sites through call-back trips to Vancouver for educational and social events, as well as offer Victoria Postgrad specific social events and Psychiatry specific educational and social events. Training is centralized at Royal Jubilee Hospital in the heart of Victoria, where psychiatric inpatient units are located on the first 2 floors of the state-of-the-art Patient Care Centre. This has greatly reduced the stigma of mental illness and allowed for increased collaboration of medical treatment for psychiatric patients with concurrent illnesses and care continuity. We have well established ACT teams, outpatient clinics, and Tertiary facilities like Seven Oaks. Most of the graduates from the program (including subspecialty residents from Child and Geriatric Psychiatry) have chosen to live and practice in Victoria or other parts of Vancouver Island.

*Dr. Alison Gregson
Associate Program Director, Vancouver Island Track*

Sites

- Queen Alexandra Center for Children's Health (QACCH)
- Royal Jubilee Hospital (RJH)
- Urgent Short-Term Assessment and Treatment (USTAT)
- Victoria General Hospital (VGH)
- Victoria Mental Health Centre

Program

- PGY1: TTD & BCY at Royal Jubilee Hospital (RJH) and Victoria General Hospital (VGH)
- PGY2: General Psychiatry at RJH, Victoria Mental Health Centre and/or USTAT
- PGY3: Child Psychiatry at QACCH, VGH, Geriatric Psychiatry at RJH
- PGY4: Emergency, Addictions, CL, and Chronic Care Psychiatry at various sites in Victoria
- PGY5: Elective opportunities in Victoria, up island and on the mainland

Program Highlights

- Strong community environment with a collaborative and close-knit program
- Flexible program that caters to your individual interests
- Centralized training and beautiful hospital (RJH)
- Multiple psychotherapy training opportunities



PRINCE GEORGE TRACK



The Prince George track is unique in its beautiful Northern location, with access to rural and Indigenous communities. With the success of UBC's Northern Medical Program, there continues to be exciting evolution of our University Hospital of Northern BC. There are ample research opportunities and interested residents can also pursue their own teaching endeavours. Residents work with a wide range of psychopathology, with access to sub-specialties including addictions and neuropsychiatry. Our faculty are passionate about teaching and consistently foster residents' growth and development.

Prince George also offers an excellent lifestyle! There is a close connection to nature, hiking, skiing, yoga, and artistic experiences including live music and an expanding nightlife. Affordable housing provides the opportunity to live in real homes (with yards!), with frequent flights available to travel to larger cities. Prince George Psychiatry Residents have the opportunity to foster a healthy work-life balance, and to be connected to a program and medical community with a strong collegiality and keen interest in the excellence of our residents. We are proud to call Prince George home and would be happy to welcome interested applicants to learn and practice with us!

*Dr. Dmitri Zanozin
Associate Program Director, Prince George*

Sites

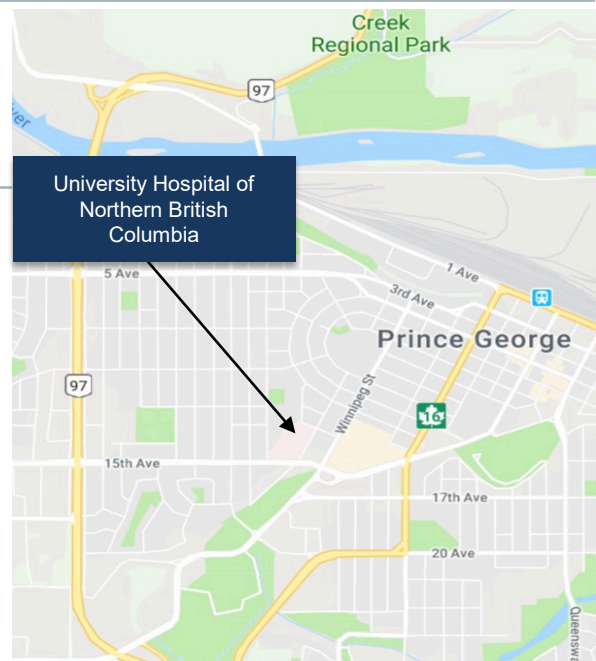
- Community Clinics
- University Hospital of Northern BC (UHNBC)

Program

- PGY1: TTD & BCY at UHNBC
- PGY2: General Psychiatry Inpatient at UHNBC and Outpatient at Community Acute Stabilization Team (CAST) or Community Outreach Assertive Services Team (COAST) + Early Psychosis Intervention (EPI)
- PGY3: Child Psychiatry at the Adolescent Psychiatric Assessment Unit (APAU) and Community Clinics and Geriatric Psychiatry
- PGY4: Emergency, Addictions, CL, and Chronic Care Psychiatry at various sites in Prince George
- PGY5: Elective and Selective opportunities

Program Highlights

- Diverse, often marginalized patient populations, including rural, remote, and Indigenous patients.
- Dedicated teaching faculty. Services are not "resident-dependent"
- Small Psychiatry resident group, close relationships with faculty, many social events throughout the year
- Affordable housing; dramatically lower cost of living compared to larger centres
- Local Pubs and restaurants, weekly farmer's markets, coffee shops, concerts, and artistic experiences
- Work-life balance; outdoor sports including mountain biking, hiking, camping, and skiing





INTERIOR TRACK

We are excited to announce a brand new track in the Southern Interior! As the fastest growing metropolitan area in Canada, Kelowna makes an excellent focal point for this new program. Kelowna General Hospital is a tertiary referral hospital with 711 beds, with the Emergency and Psychiatry units situated in the new Centennial Tower (completed 2012). KGH is also home to the Clinical Academic Campus, where UBC's Southern Medical Program is based. Following Kelowna, our program will be working to develop a diversity of training opportunities across the region, including in Kamloops; Vernon; Penticton; and Trail. The psychiatrists of the Southern Interior have been eagerly awaiting the opportunity to teach residents. We are working closely with UBC Psychiatry to uphold the high standards that have come to be expected from our UBC graduates. This is facilitated by our centralized academic day system, which also helps to foster collegiality across the province. We would be honored to have you take the next step in your medical journey with us!

*Dr. Ryan Knebel
Associate Program Director, Interior Track*

Sites

- Kelowna General Hospital (KGH)
- Kelowna Mental Health and Substance Use (Kelowna MHSU)
- Royal Inland Hospital (RIH) in Kamloops
- Potential future sites as program develops: South Hills and Hillside Centre in Kamloops, Vernon Jubilee Hospital (VJH), Penticton Regional Hospital (PRH), Kootenay Boundary Regional Hospital (KBRH) in Trail

Program

- PGY1: TTD & BCY at KGH and Kelowna MHSU. 1 block of Psychiatry in Kamloops
- PGY2: General Psychiatry, Inpatient at KGH and Outpatient at Kelowna MHSU
- PGY3: Child & Adolescent Psychiatry at KGH and Community Clinics. Geriatric Psychiatry at KGH, RIH, MHSU, and Community Clinics
- PGY4: Emergency, Addictions, CL, and Chronic Care Psychiatry sites TBD
- PGY5: Elective and Selective opportunities

Program Highlights

- Train in a four-season playground: ski-hills, lakes, beaches, vineyards, orchards, golf courses, cycling, arts and culture
- As a new residency site, services are not 'resident-dependent'
- Staff that are collegial, supportive, and eager to teach. Smaller resident group allows closer relationship with faculty.
- Kelowna's core psychiatric infrastructure (inpatient and outpatient) was built in the last 10 years
- Many future employment opportunities around the Southern Interior





RESEARCH TRACK

The Department of Psychiatry at the University of British Columbia has a long tradition of excellence in research and clinical care and a firm commitment to training the next generation of clinician scientists. Our Research Track offers dedicated research time in all years of the residency and an integrated, flexible curriculum that meets the clinical training requirements of the Royal College of Physicians and Surgeons of Canada while providing research training in every field of psychiatry including basic and translational neurosciences, epidemiology and public health, clinical trials, and health systems.

Research track residents have the opportunity to complete an MSc/MHSc/MPH degree or start a PhD program during the residency. There is a separate CaRMS match for the Research track and there are 2 positions available each year.

*Dr. William Panenka
Associate Program Director, Research Track*

Program Highlights

- Personalized mentorship to support research interests
- Dedicated & protected time for scholarly projects
- Integrated & flexible curriculum to allow resident to meet clinical training requirements outlined by the Royal College
- Opportunities to complete Master's or PhD programs or enroll in the Clinical Investigator Program in PGY6/7

QUESTIONS ABOUT RESEARCH OPPORTUNITIES?

Explore our website:
<https://psychiatry.ubc.ca/education/residency-and-subspecialty-training-in-psychiatry/residency-program-in-psychiatry/research-track/>

Contact: Dr. William Panenka
william.panenka@ubc.ca

LAYOUT OF TRAINING

PGY1

- Clinical placement at SPH
- 1 – 2 months research elective
- Support from program director to identify mentor/supervisor & plan a research project

PGY2

- 1 day/week research time
- Clinical placement is usually at VGH/UBC hospital
- Research methodology training

PGY3 & 4

- 1 day/week research time
- Option to enroll in a Master's program in clinical neuroscience or other discipline

PGY5

- Up to 4 days/week research time
- Opportunity to continue research in PGY6 & 7 in the clinical investigator program
- Opportunities to transition from Master's to PhD

Clinical Curriculum

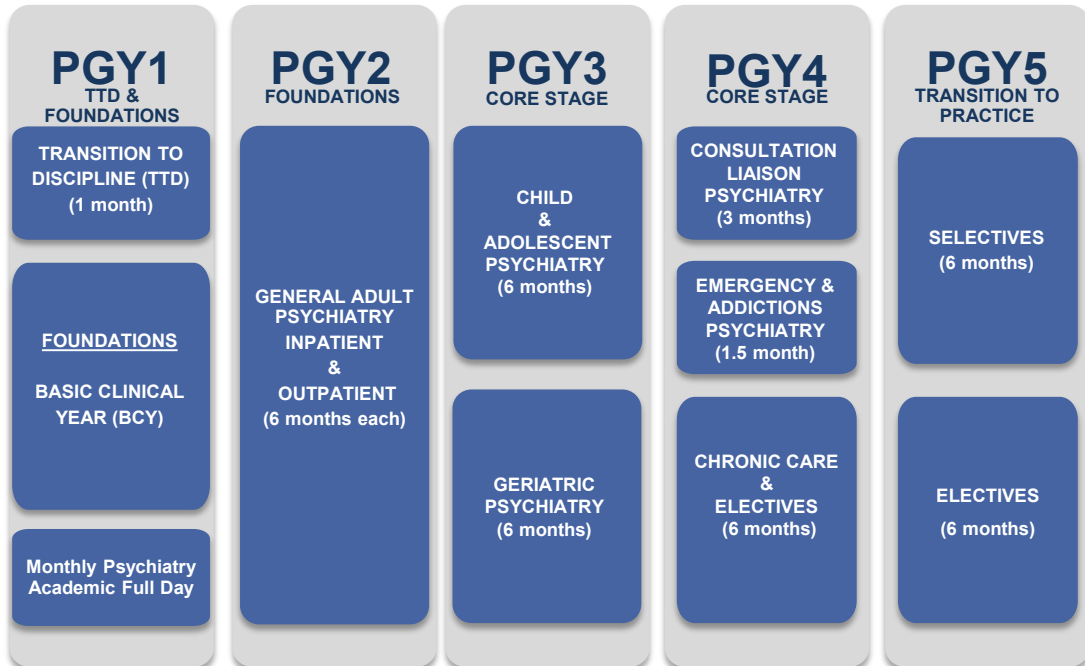
Our course curriculum follows the standards mandated by the Royal College of Physician and Surgeons.

Our program is **fully accredited** with the Royal College until 2028.

A wide variety of electives and selectives are available to residents at all the UBC sites and at approved residency programs in North America and abroad.



Basic Clinical Training Requirements



Electives & Selectives



A wide variety of electives and selectives which are relevant to contemporary psychiatric practice are available to residents at UBC, both at approved residency programs in North America and abroad.

This includes electives in other branches of medicine including: internal medicine, paediatrics, neurology, and research.

Some examples of electives and/or selectives available at UBC include:

| | | | | |
|-------------------------|----------------------|---------------------|----------------------|-------------------------|
| Anxiety Disorders | Child Psychiatry | Chronic Pain | Civil Forensics | Adolescent Medicine |
| Concurrent Diagnosis | Consultation-Liaison | Early Psychosis | Eating Disorders | Forensic Psychiatry |
| Gender Dysphoria Clinic | Geriatric Psychiatry | Group Psychotherapy | Infant Mental Health | Mood Disorders |
| Refractory Psychosis | Neuro-psychiatry | Movement Disorders | Psychotherapy | Addictions Psychiatry |
| Reproductive Psychiatry | Research | Sexual Medicine | Sleep Disorders | Student Health Services |

Psychotherapy Curriculum

UBC has a comprehensive longitudinal psychotherapy curriculum which includes training, supervision, and experiences in all modalities required by the Royal College of Physician and Surgeons. Training in additional empirically validated modalities is offered on an elective basis.

Psychotherapy teaching and supervision is provided to residents individually as well as in small groups on Academic Days.

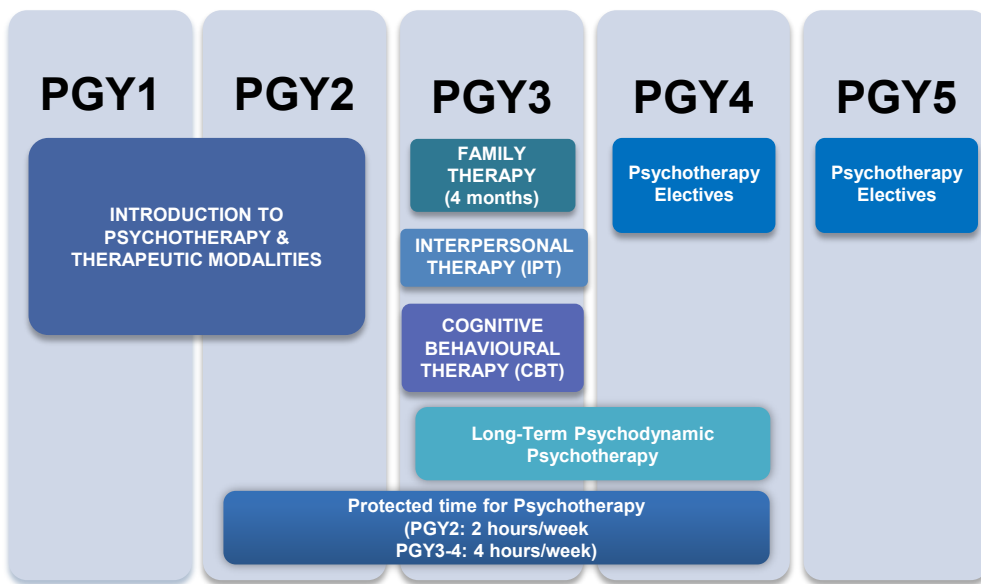
Academic Day lectures parallel residents' clinical experience and exposure to the various treatment modalities starting in late PGY1. Lectures and seminars review the fundamentals in the various modalities and increase in their complexity over time.

The current curriculum includes specific training and experience in the following modalities:

- Psychodynamic Psychotherapy
- Cognitive Behavioural Therapy (CBT)
- Interpersonal psychotherapies (IPT)
- Multi-person therapies (group and family)
- Supportive Psychotherapy

Opportunities for learning and experiences in other modalities are available and include: Mindfulness Based CBT, Dialectical Behavioral Therapy, Motivational Interviewing, Couples Therapy, and Brief Psychodynamic Psychotherapy.

Residents have protected and dedicated time for psychotherapy starting in PGY2 (2 hours/week during the Inpatient rotation) and continued through PGY3 and PGY4 (4 hours/week).



QUESTIONS ABOUT OUR PSYCHOTHERAPY PROGRAM?

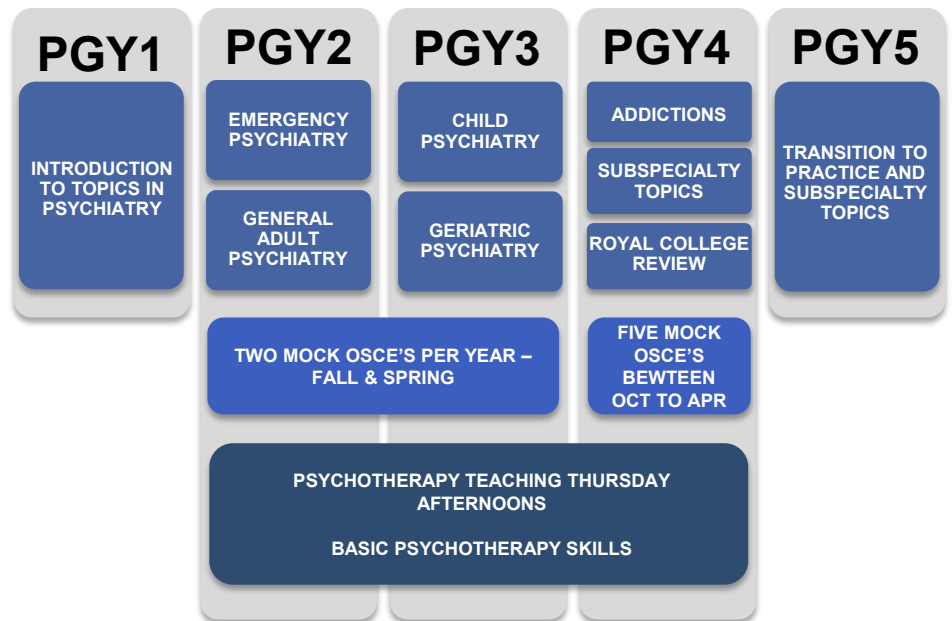
Please contact: Dr. Michelle van den Engh (michelle.vandenengh@ubc.ca) and Dr. Jaeyun Yoo (jaeyun.yoo@fraserhealth.ca)

Academic Curriculum

Academic Day

In PGY2-3 residents will attend Psychiatry Academic Full Day, and in PGY5, Academic Half Day weekly either in-person (at VGH once per month) or by videoconference. Residents in Vancouver Island, Prince George, and the Interior are reimbursed for their travel expenses for Academic Day.

- **PGY1:** Each site has its own weekly, site-specific half-day teaching on medicine topics. Once a month, except in July, residents attend a Psychiatry Academic Full day in-person at VGH. In July, residents will attend a 1-week academic Psychiatry “boot camp”.
- **PGY2-3:** Weekly academic full days either through videoconference or in-person at VGH. Two mock OSCE's per year – one in Fall and one in Spring
- **PGY4:** For most of the entire year, AD becomes a study day for the RC Exams with some Program led review courses. Five mock OSCE experiences occur which range between two to six stations. The mock OSCE structure is set up to imitate the RC exam as closely as possible
- **PGY5:** Academic Half Days during Transition to Practice stage for more enhanced topics.



Site-Specific Teaching

- Varies from site to site, and includes: grand rounds, on-call rounds, OSCE practice, formulation course, phenomenology teaching, and ECT

Additional Opportunities

- **Frames of Mind** – monthly mental health film study
- **Journal Club** – review cornerstone studies and guidelines, food provided
- **Research Methods Course** – review of critical appraisal and research methods

Opportunities Unique to UBC

VANCOUVER COMMUNITY MENTAL HEALTH SYSTEM (VCMHS)

Community based multi-disciplinary mental health teams catering to the needs of clients suffering from chronic mental illness

CLINICAL INVESTIGATION UNITS

Units dedicated to research, evaluation, and clinical service are well established in mood disorders at VGH/UBCH and in refractory schizophrenia / psychotic disorders at UBCH

NEUROPSYCHIATRY UNIT

UBCH evaluates and treats disorders of mood, behaviour, cognition and intellect produced by disturbances in brain structure and function. A fundamental goal is the understanding of how the brain mediates neuropsychiatric illness

MULTICULTURAL PSYCHIATRY

In the unique setting of Vancouver's multicultural society, the multicultural Psychiatry electives emphasizes an academic and research base combined with service at ambulatory and inpatient levels; the acquisition of skills through electives, and the sensitization of all staff to these areas through active liaison and teaching at all levels

COMMUNITY PLACEMENT AND OUTREACH

Provides training in general community Psychiatry in suburban areas outside of the Lower Mainland, designated rural sites in the province and outreach facilities providing consultation to outlying areas in the province on a regular basis

BC CHILDREN'S HOSPITAL (BCCH)

Tertiary care paediatric hospital for the province of British Columbia with specialized clinics in OCD, ADHD, Mood and Anxiety & somatization disorders

PSYCHIATRY ASSESSMENT UNIT (PAU)

A unique emergency service designed with a crisis stabilization model, providing assessments to the ER, immediate intervention, containment, stabilization and short-term triage of patients. It is adjacent to the ER at VGH, consists of 14 beds (incl. 2 seclusion rooms) and 8 ER psychiatrists of varied backgrounds attend the unit

HILLSIDE CENTRE IN KAMLOOPS, BC

Provides specialized tertiary services for adult and geriatric patients from the southern and northern interior of BC. The neuropsychiatry program there provides specialized services for the province, as part of the BC Neuropsychiatry Program linked with the UBC site. South Hills provides tertiary psychosocial rehabilitation and sub-acute stabilization for people from throughout the interior health authority with severe, refractory illness in a community setting

ST. PAUL'S HOSPITAL

Offers residency training opportunities in the assessment and management of patients with chronic pain, HIV related psychiatric illness, and Substance Use Disorders including an Addictions Medicine Fellowship. The eating disorders clinic at SPH evaluates and treats disorders associated with eating through inpatient / outpatient and outreach programs

SPECIALIZED GERIATRIC PSYCHIATRIC SERVICES

Offered through MSJH, VGH, RCH, Vancouver Community Mental Health Services (VCMHS), St Joseph's Hospital in Comox, Royal Inland Hospital in Kamloops and PAH

SLEEP DISORDERS

A multidisciplinary program based at UBCH with inpatient/outpatient programs involved in the assessment and evaluation of sleep disorders and includes a fellowship

SEXUAL MEDICINE DIVISION

Provides clinical services to patients with sexual dysfunctions and gender dysphoria through the BC Centre for Sexual Medicine at UBC. The sexual medicine consultation clinic is part of VCMHS and provides consultation services to both patients with severe mental illness and their therapists. Both sites also provide opportunities for education and research

FORENSIC SERVICES

Affiliated with the Forensic Psychiatric Services Commission and provides extensive clinical experience in the assessment and treatment of adults in conflict with the law, including the opportunity to participate in intensive treatment of sexual offenders. Residents may choose to do their chronic care rotation at the Forensic Psychiatric Hospital. There are also opportunities for outreach placements and research

REPRODUCTIVE PSYCHIATRY

Based both at BC Women's Hospital and SPH. Evaluates and treats women with Psychiatric problems associated with their reproductive years

Outreach & Rural Practice Opportunities



Rural Training Sites

There are opportunities for residents to complete clinical work and gain experience in smaller communities and remote areas of B.C. including:

- **Vancouver Island & Coast:** Duncan, Comox, Nanaimo, Sechelt, Squamish
- **Interior BC:** Penticton, Vernon, Nelson/Trail, Kamloops
- **Northern BC & Yukon:** Mackenzie, Vanderhoof, Fraser Lake, Quesnel, Yellowknife

Outreach

- Outreach opportunities are encouraged and supported by the program and the Rural Education Action Plan (REAP) in various communities throughout BC.
- REAP funds UBC Psychiatry Residents to accompany their preceptors who are involved in the Specialist Outreach Program.
- Accommodation funding up to **\$700** for rotations of two weeks or less, and **\$1000** funding for roundtrip travel between home training site and the elective site is available to cover the cost associated with providing outreach care.



Questions?

If you have any questions about this program, please email REAP.Students@ubc.ca or call 604-822-2675. Further information is available at <https://rccbc.ca/our-work/reap/reap-for-residents/postgraduate-rural-elective-support/>.

Fellowship & Subspecialty Training



Subspecialty Programs

- UBC offers accredited subspecialty training programs that follow the Royal College of Physicians and Surgeons of Canada training requirements in:
 - Child and Adolescent Psychiatry (CAP)
 - Forensic Psychiatry
 - Geriatric Psychiatry
- More information is available: <https://psychiatry.ubc.ca/education/residency-and-subspecialty-training-in-psychiatry/>

Fellowships

- UBC offers additional training fellowships: Concurrent disorders, Addictions and Neuropsychiatry
- More information is available: <https://psychiatry.ubc.ca/education/postgraduate-education-and-training/>



What to expect on your Virtual Interview Day

All interviews will be held over Zoom

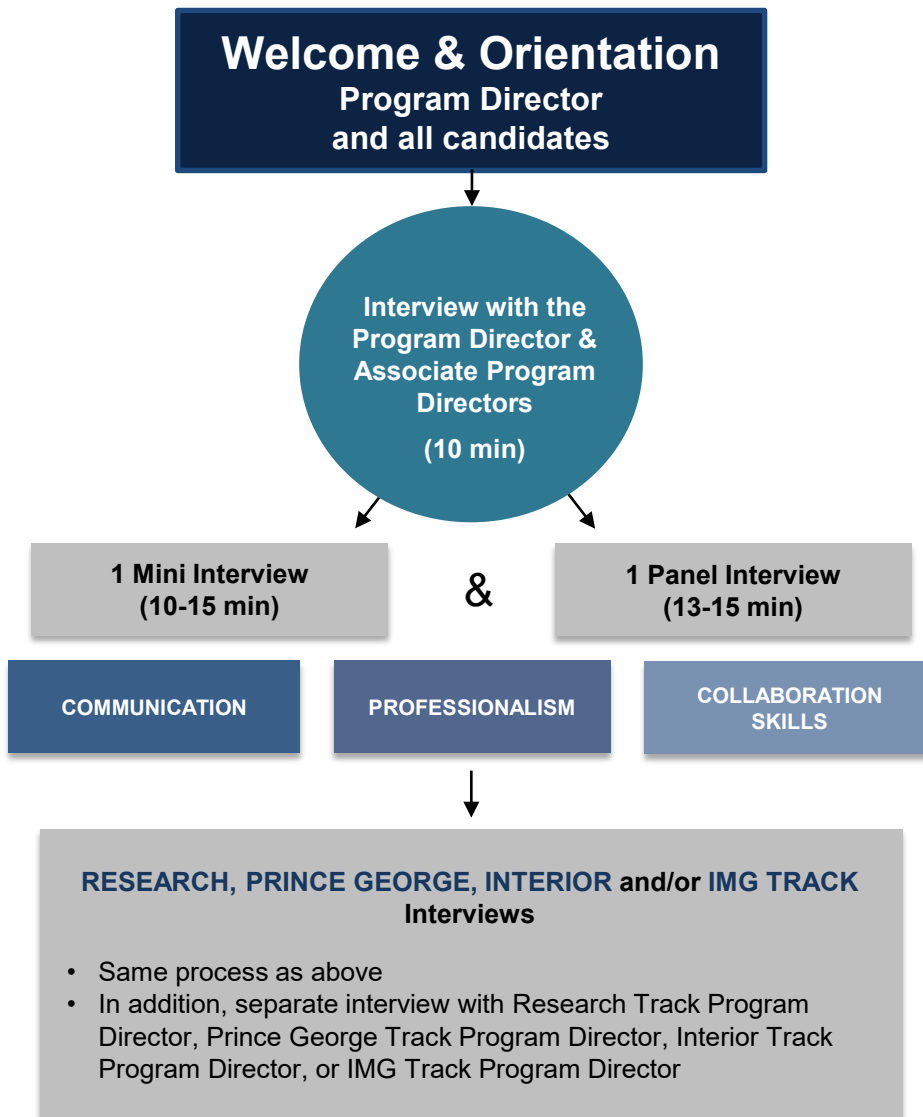
UBC INTERVIEW SCHEDULE

Wednesday,
JANUARY 17, 2024

Tuesday,
JANUARY 23, 2024

Wednesday,
JANUARY 24, 2024

Shortlisted candidates who applied to multiple streams will complete all interviews on the same day.



RESEARCH, PRINCE GEORGE, INTERIOR and/or IMG TRACK Interviews

- Same process as above
- In addition, separate interview with Research Track Program Director, Prince George Track Program Director, Interior Track Program Director, or IMG Track Program Director

Want more info?

- Explore the UBC PGME website at <http://postgrad.med.ubc.ca>
 - Explore the UBC Psychiatry website [HERE](#)
- Explore more Psychiatry CaRMS information [HERE](#) (please click on "information for Prospective Applicants to the Residency Program" tab to expand content)
 - Direct interview-day questions to: Linda Chang (Manager, PGME) linda.chang@ubc.ca
 - Direct questions about the program or residency experience to: CaRMS Welcome Committee ubc.psych.residents@gmail.com