

This program is designed for women in academic medicine who want to reach their full potential and develop critical skills to lead themselves and others more effectively. Participants will have the opportunity to advance their leadership skills to excel personally and professionally. The program is facilitated by an Executive Coach and expert in physician leadership development.

## Two-Day Virtual Leadership Course

### Day 1 Learning Objectives

#### Authentic Leadership:

- Clarify your core values and how they shape the way you live, work and lead.
- Complete the Clifton StrengthsFinder assessment and increase awareness of your individual strengths.
- Identify opportunities to leverage your strengths and take a strengths-based approach to leadership.

#### Emotional Intelligence:

- Complete the EQi 2.0 leadership assessment and identify emotional intelligence strengths and opportunities for improvement.
- Understand how emotional and social skills influence the way you perceive and express yourself, develop and maintain relationships, cope with stress, and use emotional information in an effective and meaningful way.
- Learn practical strategies to strengthen emotional intelligence skills.

#### Physician Wellness:

- Complete the Maslach Burnout Inventory™ (MBI).
- Increase awareness of the factors that may contribute to your inventory results and explore strategies to establish and maintain healthy boundaries.

### Day 2 Learning Objectives

#### Physician Wellness Continued:

- Clarify your vision of wellbeing as a leader and explore evidence informed strategies to optimize mind health.

#### Effective Communication:

- Complete the DISC leadership assessment and learn about your personal communication style.
- Learn why tension may exist among different styles.
- Apply the DISC model to help recognize when to adapt to be effective when communicating with different styles from your own.

#### Strategic Career Planning:

- Explore 3 phases of strategic career planning and the activities involved in each phase.
- Learn about common pitfalls that may be preventing you from career advancement.
- Clarify your career/leadership aspirations and develop a brief action plan to create forward momentum.

## Course Information

#### Commitment:

- Two-day virtual interactive virtual course.
- 6-hours to complete and review four distinct individual assessments in preparation for the course.
- 1-hour to develop learning commitments.
- 1-hour accountability dyad call with facilitator.

**Dates:** October 3rd & 4th, 2024

**Time:** 9:00am-3:30pm PST

**Location:** Zoom

**Maximum participants:** 12

#### Facilitator:

Coach Callie is an expert facilitator and Certified Professional Coach with a specialty in physician leadership development.

**Course Fee:** \$3,250 USD

For more information please contact [callie@coachcallie.com](mailto:callie@coachcallie.com)

Registration deadline is  
September 12th, 2024

[Click Here to Register](#)

For more information about Coach Callie services please visit [www.coachcallie.com](http://www.coachcallie.com)