

SUCCESS IN ACADEMIA: LEADING FROM THE INSIDE OUT



This program is designed for women in academic medicine who want to reach their full potential and develop critical skills to lead themselves and others more effectively. Participants will have the opportunity to advance their leadership skills to excel personally and professionally. The program is cohort based and consists of five interactive virtual sessions facilitated by an expert in physician leadership development.

Session Topics and Learning Objectives

Authentic Leadership:

- Clarify your core values and how they shape the way you live, work and lead.
- Complete the Clifton StrengthsFinder assessment and increase awareness of your individual strengths.
- Identify opportunities to leverage your strengths and take a strengths-based approach to leadership.

Physician Wellness:

- Complete the Maslach Burnout Inventory™ (MBI).
- Increase awareness of the factors that may contribute to your inventory results and explore strategies to establish and maintain healthy boundaries.
- Clarify your vision of wellbeing as a leader and explore evidence informed strategies to optimize mind health.

Emotional Intelligence:

- Complete the EQi 2.0 leadership assessment and identify emotional intelligence strengths and opportunities for improvement.
- Understand how emotional and social skills influence the way you perceive and express yourself, develop and maintain relationships, cope with stress, and use emotional information in an effective and meaningful way.
- Learn practical strategies to strengthen emotional intelligence skills.

Effective Communication:

- Complete the DISC leadership assessment and learn about your personal communication style.
- Learn why tension may exist among different styles.
- Apply the DISC model to help recognize when to adapt to be effective when communicating with different styles from your own.

Strategic Career Planning:

- Explore 3 phases of strategic career planning and the activities involved in each phase.
- Learn about common pitfalls that may be preventing you from career advancement.
- Clarify your career/leadership aspirations and develop a brief action plan to create forward momentum.

Course Information

Time Commitment:

Total of five virtual interactive sessions with an additional 6-hours to complete and review individual self assessments and brief pre-work for each session.

Session Dates and Times:

Wednesdays 6:45pm-9pm on the following dates:

September 25th, 2024
October 16th, 2024
November 6th, 2024
December 4th, 2024
December 18th, 2024

Participants are asked to join the sessions 5 minutes prior to the start time to ensure the session can begin on time.

Facilitator:

Callie Bland is a Certified Professional Coach and RN focused on supporting physicians and healthcare leaders to reach their full potential and raise the quality of leadership in healthcare. She specializes in leadership development, effective communication and collaboration, career design and wellbeing.

Maximum participants: 10

Location: Virtual sessions via Zoom

Course Fee: \$2,950 USD

For more information please contact callie@coachcallie.com

Enrollment deadline is
September 4th, 2024

[Click Here to Register](#)

For more information about Coach Callie services please visit www.coachcallie.com